

AKSU VİTAL  
**Shiffa Home**



*Your Health Matters.*



# FOOD SUPPLEMENTS

[www.aksuvital.com.tr](http://www.aksuvital.com.tr)



27. INTERNATIONAL  
GOLD QUALITY AWARD  
MADRID - GENEVA



EUROPEAN UNION  
QUALITY AWARD  
ISTANBUL 2009



CONSUMER AWARD  
GOLD MAN  
ISTANBUL 2010



EUROPEAN UNION  
CONSUMER  
QUALITY AWARD  
ISTANBUL 2009-2010



EUROPEAN UNION  
CONSUMER  
QUALITY AWARD  
ISTANBUL 2014



EUROPEAN UNION  
QUALITY AWARD  
ISTANBUL 2015



EUROASIA  
QUALITY AWARD  
ISTANBUL 2015

Aksuvital Natural Products CO, incorporating thousands of years of bee/apitherapy products, phytotherapy and aromatherapy implementations in its works, makes production with its expert staff, in its hygienic and modern facilities under relevant legislations in accordance with GMP, ISO 22000:2005 and ISO 9001: 2008 standards.

We believe that quality raw material and quality product yield the maximum utility and hence act highly meticulous and selective in raw material selection. Driven with this conscious, rather than using herbal products that can easily be standardized by artificial odor, colorant and flavours, we only focus on production without any intervention to the natures of the products.

- Shiffa Home food supplements are 100% natural and contain NO additives.
- No artificial odor, flavor and colorants.
- Natural colors and smell protected.
- Completely herbal Food Supplements
- Totally dissolves in stomach within 8-10 minutes.
- Colored glass bottles used for packing to protect against light.
- Extracts used in the product obtained from herbs themselves through modern extraction methods.

We will continue to be a seminal brand of wellness with our advanced technology skills, our most advanced laboratory hardware and our expert staff.

AKSU VİTAL  
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## RLX



### Say Goodbye To Stress

It is a strong supplement against stress and nervous tension.

With the special herbal formulation in its content, this may play a role of tranquilizer, nerve repairing and muscle tension relaxing. May be used as a natural supplement in states of nerve weakness and melancholi and neural originated headaches.

Besides, may contribute to remove the digestive system disorders and stomach-intestinal gases.

**Suggested Usage:** For adults, 1 capsule 3 times a day before or after meals.



560mg x 60 Capsules

## VALERIAN ROOT



### A Peaceful Sleep

Studies show that, Valerian Root helps for sleep and increase the quality of sleep. No addiction, exhaustion and headache caused. The clinical experiments conducted, it is expressed that, after wake up, it does not cause a feeling of sleep against of tranquilizers.

**Suggested Usage:** For adults, 2 capsules once a day before or after meals.

**Warnings:** Long distance drivers should not use. Do not use together with antidepressants or any other sleep regulating medicines. Pause for 15 days after 1 month usage.



670mg x 60 Capsules

## AKSUVİT



### Get Plenty of Energy

Ginseng, royal jelly, pollen, Propolis and Vitamin C all in one. Suggested to be useful for both men and women to increase sexual desire and sexual functions, for men to increase the male hormone (testosterone) and as support to increase the amount of sperm. May help in restoring the body's balance, protecting against diseases, prevent the formation disease and may support the strengthening of the immune system. It can help provide energy to the body.



750mg x 80 Tablets

**Suggested Usage:** For adults, one tablet twice a day together with meals.

## HAWTHORN LEAF



### Heart Friendly

Flavonoids and oligomeric proanthocyanidins in Hawthorn leaf may assist to protect blood vessels and strengthen the structure of capillaries. May prevent arteriosclerosis. Hawthorn extract mix may prevent heart diseases caused by decreasing blood flow in cardiac vascular occlusion.

**Suggested Usage:** Twice a day 1 capsule with meals.



650mg x 60 Capsules

## BERKAP

### **Natural Formulation For Hemorrhoids Complaints**

Yarrow; helps elimination of gases and inflammation of the gastrointestinal;  
Fructus Myrobalani; helps easy digestion and stomach discomfort.

Tanen; helps increase of elasticity of hemorrhoids region and tighten.

Fibrous content; helps eliminate digestive disorders causing hemorrhoids.

**Suggested Usage:** For adults, 1 capsule twice a day before meals.



680mg x 60 Capsules



## BYNMIX

### **For Ladies**

With its herbs in its content, may assist to overcome the psychological problems such as hypersomnia, stress, depression during premenstrual syndrome (PMS) period.

May help to cope with physiological problems such as overhydration, headache, joint pains, and digestive disorders. Also may assist to drive out overhydration of the body.

Contains fitoeostrogens, diuretic herbs and vitamin B6 easing PMS Premenstrual Syndrome .

**Suggested Usage:** For adults, 1 capsule 3 times a day before or after meals.



580mg x 60 Capsules



## CETAVIN

### Control Diabets

Helps regulate blood sugar lever with its alpha lipoic acid content. Specifically useful to prevent nerve injury of diabetic patients and prevent the cholesterol formed in blood vessels. With the biotin vitamin content may support the increase of glucokinaze in glucose metabolism. Assists to keep insulin resistance and Type-2 diabet under control.

**Suggested Usage:** For adults, 1 capsule 3 times a day before meals.



730mg x 60 Capsules



## NIGELLA SATIVA (Black cumin seed)

### Black Friend For Centuries

It is reported that, Nigella sativa (Black cumin seed) may help enforce the immune system and accordingly to remove the virus and microbic states, the increase of cell numbers relevant to immune system. It regulates the blood glucose. Also, it may help to prevent cancer cells gaining resistance against chemotherapy.

**Suggested Usage:** For adults, 1 capsule twice a day after meals.



710mg x 60 Capsules



## ARTICHOKE

### *Liver Needs To Be Renewed*

Contains artichoke and artichoke extract, one of the rarest plants purifying liver. May help remove nicotine, alcohol and fat accumulated in liver and gall bladder. May assist to evoke the fat depots in liver. Also, artichoke helps decrease the cholesterol synthesise ratio, total cholesterol, amount of LDL and trigliceryde.

**Suggested Usage:** For adults, 1 capsule twice a day before or after meals.



590mg x 60 Capsules



## EPIMEDIUM

### *Natural Performance Enhancer*

The herbs in its content used for aphrodisiac effect. Helps regulate the sexual functions and increase the sexual desire and sensitiveness. Contributes to increase the attentiveness and concentration. Useful to balance the energy of body.

**Suggested Usage:** For adults, 2 capsules a day before or after meals.



750mg x 90 Capsules



## FITOFORM



### **Get Into Your “Ideal Form” With Natural Formula**

With the fibrous structure of the herbs in its content it may help you feel full and get into a habit for more healthy diet. L-carnitine in its content helps accelerate burning the accumulated fat and may help keep in ideal form and lose weight in a healthy manner. Furthermore, the herbs such as cherry stalk, rosemary and green tea in the content may help drive out the water retention of the body.

**Suggested Usage:** For adults, 2 capsules twice a day before meals.



650mg x 60 Capsules

## FERROVITEC



### **To Become Robust And Fresh**

With the herbs such as grape seed extract and rosehip it is a full store of antioxidants. Also it contains vitamin C, iron and zinc. In scientific studies, it was stated that using grape seed and vitamin C together at once it would be useful against anemia. Product is manufactured with a special formula consists of natural herbs, vitamins and minerals.

**Suggested Usage:** 1 capsule a day.



710mg x 60 Capsules

## GINKGO BILOBA



### A Powerful Memory

There are components leading vasodilatation, increase of bloodstream and assisting to prevent coagulation. With its tissue regenerative characteristic, it may help the increase of memory functions. During the early stages of Alzheimer disease, its use is advised for assisting of disruption of progress of the disease.

**Suggested Usage:** For adults 1 capsule twice a day before or after meals.

**Warnings:** Ginkgo Biloba should not be used together with blood diluent medicines (warfarin, heparin etc.) without approval of doctors.



710mg x 60 Capsules

## GLUCOSAMINE



1150mg x 60 tablets

### Don't Worry About Your Knees

Specially developed formulation with Glucosamine, Chondrotine, MSM and pineapple extract. May help reduce the joint pains, enhance the cartilage tissue, reduce the lumbar pain caused by osteoarthritis.

**Suggested Usage:** For adults, 1 tablet twice a day after meals.

## GINSENG



850mg x 60 Capsules



500mg x 120 tablets

### Natural Support To Your Energy

Far East's elixir of life the red ginseng is used multi-purposely for long years. Ginsenoside active substance in its content is supportive for increasing physical and mental resistance in states of fatigue and lassitude. Helps remove the sexual dysfunctions, regulate blood pressure and remove the tiredness after sporting.

**Suggested Usage:** For adults, 1 tablet/capsule twice a day before or after meals.

**Warnings:** Do not use if you already use blood thinner medicines, antidepressants, heart drugs and insulin.

## BITTER MELON WITH PROPOLIS



### *A Friendly Touch To Your Stomach*

Bitter melon in its content may be effective on the complaints about general stomach disorders, gastritis, reflux and ulcer, decreasing the blood glucose. With propolis and other herbal additives may help remove pathogens and relieve the stomach.

**Suggested Usage:** For adults, 2 capsules twice a day before meals.



650mg x 60 Capsules

## SHARK CARTILAGE



### *Why Do Sharks Live Long ?*

Containing a high percentage of proteins, calcium, phosphor and collagens, the shark cartilage is an important supplement for immune system. May be protective support for preventing tumor development during chemotherapy and afterwards. May be good for arthritis and rheumatoid arthritis complaints.

**Suggested Usage:** For adults, 2 capsules twice a day before meals.



900mg x 60 Capsules

## PROPOLIS



470mg x 60 Capsules

### **Natural Antibiotics**

Propolis is a brownish resinous mixture with a wax thickness collected by honey bees from tree buds and sap flows. Propolis known as strong antibacterial, antifungal and antiviral effects. If used regularly, propolis, natural antibiotics, have positive effects on immune system in regular use according to clinical researches. Clinic studies conducted in Japan show that, in regular and continuous use of propolis, positive results obtained in devitalization of cancer cells and in preventing of their development as well as regeneration of tissue.

**Suggested Usage:** For adults 2 capsules twice a day after meals.

**Warning:** Bee products alergetic people should not use.

## MEDAN

### Keep Your Liver Healthy

With dandelion, milk thistle and artichoke in its content may provide a powerful protection to liver. May show positive effects on reducing cholesterol LDL and triglyceride, as well as hepatitis, liver and gall bladder diseases. Helps prevent the deformation caused by fatty liver.

**Suggested Usage:** For adults, 1 capsule once a day.



620mg x 60 Capsules



## PERST

### Protect Yourself Against Prostate

BPH (prostate enlargement) is the disease of men over the age of 40 in general. 50% of the men over 50, 65% of those in between 60-70 years old and 90% of those older than 80, BPH develops. Although it is thought that it develops because of estrogen hormone levels change by aging, the definite reason is unknown. Prostate enlargement is not because of enlargement of the cells in prostate but abnormal increase of cell number (hyperplasia).

This is a special product formulized with herbal mixtures developed by traditional medicine and natural herbs which modern medicine approves and suggests. For the irritation symptoms such as urinating in pain, frequent urinating and probably urinating at nights, late start of urine flow; it is advised as a helper.

**Suggested Usage:** For adults, 2 capsules twice a day during meal.



670mg x 60 Capsules



## MAGEM

### Reduce Your Migraine Complaints

With its few herb content, may help prevent and reduce the migraine attacks, may support to remove the pain with its white willow bark. Furthermore, with its herbal ingredients such as St John's Wort, Melissa, linden, lavender, it may help the relaxation of body and mind.

**Suggested Usage:** For adults 1 capsule once a day.



670mg x 60 Capsules

## ST. JOHN'S WORT

### Natural Anti-Depressant

With hypericin active ingredient in its content, may help for a significant increase in the transmission of nerve impulses in the brain.

In states of depression and panic attack it is one of the most preferred herbs. St. John's Wort helps get rid of anxiety, disinterest, hypersomnia, insomnia, and depression symptoms.

Furthermore, may be used as an helper in the treatment process of wounds & burns and in inactivating viruses in the body.

**Suggested Usage:** For adults , 1 capsule twice a day before or after meals.

**Warnings:** For very light skinned people, it is suggested to use high sun protection factor tanning cream during subbathing. Not to be used together with antidepressants and energy medicines.



560mg x 60 Capsules

## SPURILINA



### Stay In Slim And Strong

Spirulina is a kind of moss growing in soda and mineral waters. It is known as a super nutriment and well-known worldwide. It is known as the assistant for preventing cell damage because of free radicals and environmental factors. It helps dissolving of fat deposits and providing weight control with its gamma linoleic acid ingredient. It is rich in regard to Omega 3-6-9 and may support enhancement of immune system.

**Suggested Usage:** For adults, 2 capsules 3 times a day before meals.



720mg x 60 Capsules

## UPR



### Support For Your Health

It positively affects the health with Reishi mushroom and shark cartilage in its content. May help to enhance the immune system, eliminate viruses, bacterias and funguses from body with pantoic acid, acetylcholine and proteins. May be used for cholesterol balancing, removing urethritises and protection of general health as supportive.

**Suggested Usage:** For adults 2 capsules twice a day before or after meals.



680mg x 60 Capsules

# SOFTGELS



## MIXTURE OF NIGELLA SATIVA OIL & OLIVE OIL



### **A Combination Of Two Close Friends Of Your Health**

Nigella sativa (Black cumin seed) assists enhancing the immune system. It may provide considerable contribution for struggling against cancer cells by increasing the antibody production in blood and cellular activation. It also helps lower the blood glucose and balancing cholesterol on diabetics.

Olive oil is an irreplaceable food for health nutrition for everybody. It helps protect heart and vessel health, regulation of digestive system. It assists cell rejuvenescence due to its Vitamin E vitamin content.

**Suggested Usage:** For adults 2-3 softgels a day during meals.

In our softgel products, halal certified beef gelatin is used.



1000mg x 100 softgels

## OMEGA 3-6-9



### **Take Good Care Of Yourself**

Omega-3 fatty acids are known as essential that is the basic fatty acids and since they are not generated in body, it is necessary to consume with nutrients.

It contains fish oil rich with respect to omega-3. It also contains linseed oil and evening primrose oil that in regard to omega-3 and omega-6. It is helper for enhancement of immune system and protecting eye and heart health.

**Suggested Usage:** For adults, 2 softgels once a day during meal.

In our softgel products, halal certified beef gelatin is used.



1000mg x 100 softgels

## SAFFLOWER OIL



### Control Your Weight

Safflower Oil which is obtained from "Carthamus tinctorius" herb contains CLA (Conjugated Linoleic Acid). The CLA substance has got preventing depositing fat. With the essential unsaturated fatty acids in its content, it can regulate the fat and muscle balance in body. It helps accelerating the metabolism and losing weight. Besides, it is a powerful antioxidant. L-carnitine, on the other hand, assists boosting the fat burning.

**Suggested Usage:** For adults , 1 softgel 3 times a day during meal.

In our softgel products, halal certified beef gelatin is used.



1000mg x 100 softgels

## COENZYME Q-10



### Healthy Aging

Coenzyme Q-10 takes role in energy generating in body. As its amount increases ,cellular energy increases as well. It is a good antioxidant. It is widely used by many people in Europe after their mid-thirties. Coenzyme Q-10 assists to cells keep young.

Olive oil, on the other, is an important oil to keep health. It contains antioxidant effective Vitamin E. Because of its antioxidant effect, it helps the regeneration of the body and retard aging.

**Suggested Usage:** For adults, 1 softgel a day during meal.

In our softgel products, halal certified beef gelatin is used.



1000mg x 100 softgels

## PUMPKIN SEED OIL



### **Protection From Prostate**

The pumpkin seed oil widely used in Austria and Switzerland, is rich with respect to Omega-6 and Omega-9 and contains iron, zinc, minerals, Vitamin A and Vitamin E. Helps prevent benign prostatic hyperplasia. It is one of the commonly used herbal supplements against BPH-benign prostate hyperplasia. Helps protect the elastic structure of the veins.

**Suggested Usage:** For adults , 1 softgel 3 times a day during meal.

In our softgel products, halal certified beef gelatin is used.



1000mg x 100 softgels

## POMEGRANATE SEED OIL



### **Protect Your Health With Omega-5**

Important for protecting the elasticity of skin. A natural source of Punicic Acid. Contains polyphenols and high percentage of Vitamin E. Because of conjugate fatty acids in its structure, supportive for nourishment of skin. May be supportive for enhancement and protection of cardiovascular health. Strengthens immunity system.

**Suggested Usage:** For adults, 1 softgel 3 times a day during meal.

In our softgel products, halal certified beef gelatin is used.



1000mg x 100 softgels

## OMEGA-3 DHA-EPA



200 Softgelsx1000mg



100 Softgelsx1000mg



150 Softgelsx500mg

### Take Good Care Of Your Heart

The need for Omega-3 of a person starts in mother's womb and continues during the childhood, adolescence, adulthood and senility periods. It is a product everybody can consume confidently for especially in advanced ages, cardiovascular diseases, eye health and general health. It is supportive for removing concentration problems and enhancement of bone structure.

**Suggested Usage:** For adults 2 softgels once a day during meal.

In our softgel products, halal certified beef gelatin is used.

## NIGELLA SATIVA (Black Seed) OIL



30 Softgelsx500mg (Blister)



100 Softgelsx1000mg



150 Softgelsx500mg

### ***Increase Your Body Resistance***

It is a very preferred immune booster product. It is a general supplement for removal of viruses and microbes. It may provide considerable contribution for struggling against cancer cells by increasing antibody production in blood and cellular activation. It also helps to lower the blood glucose and balancing cholesterol.

**Suggested Usage:** For adults, 2 softgels twice a day during meal.

In our softgel products, halal certified beef gelatin is used.

## OLIVE OIL



1000mg x 24 softgels



1000mg x 100 softgels

### Close Friend Of Your Heart

Olive oil with an important place in a healthy diet contains oleic acid, phenolic compounds and squalene. Because of essential oil acids in its content, it is a significant source of nutrition that everybody from 7 to 70 of age can consume. It helps protect heart and vessel health, regulation of digestive system. It assists cell rejuvenescence due to vitamin E content.

**Suggested Usage:** For adults, 1 softgel 3 times a day during meal.

In our softgel products, halal certified beef gelatin is used.

## GRAPE SEED OIL



### **Live Young**

Grape seed due to Vitamin E taking place in its structure and phenolic compounds shows powerful antioxidant feature. It helps to balance cholesterol. Having significant benefits on heart and vessel health, grape seed supports to enhance the immune system.

**Suggested Usage:** For adults 1 softgel 3 times a day during meals.

In our softgel products, halal certified beef gelatin is used.



1000mg x 100 softgels

## GARLIC OIL



### **Keep Your Blood Pressure In Balance**

Garlic which is very popular in Asean countries contains sugars, vitamins (A, B, C), essential sulphuric oil and plenty of allyl sulphide. It is advisable for balancing the high blood pressure, lipids and cholesterol in blood. With its effect similar to antibiotics, it helps support the immune system.

**Suggested Usage:** For adults, 1 softgel a day during meal.

In our softgel products, halal certified beef gelatin is used.



1000mg x 100 softgels

## FLAX SEED OIL

### ***Do Not Neglect Your Overall Health***

Flax seed oil is a rich source of Omega-3 fatty acids. It helps balancing cholesterol. Flax Seed oil helps protect the health of bones by increasing calcium absorption. It is also useful for balancing the digestive system.

**Suggested Usage:** For adults, 1 softgel 3 times a day during meal.

In our softgel products, halal certified beef gelatin is used.



1000mg x 100 softgels



## BITTER MELON WITH OLIVE OIL

### ***A Friendly Touch To Your Stomach***

With charantin, oleanolic acid, and proteins in its content and due to the cell rejuvenescence feature of bitter melon fruit, it helps preventing the stomach, intestine, digestive system diseases. Bitter melon is rich with regard to minerals and vitamins and contains iron, calcium, phosphor and Vitamin B. Furthermore, you may benefit from the nutritious and supportive feature of the high amount of olive oil contents.

While using our product, it is beneficial to establish a healthy diet.

**Suggested Usage:** For adults, 1 softgel 3 times a day during meal.

In our softgel products, halal certified beef gelatin is used.



1000mg x 100 softgels



## FERROVITEC SYRUP

### **Become Robust And Fresh**

Red blood cells in body carry oxygen the source of life to tissues and cells. In case of the lack of folic acid and vitamin B12, anemia may occur. Correspondingly, the cells may not function. Ferrovitec has got a special formula to remove anemia complaints.

Pregnants and children can use it.

**Suggested Usage:** 1 scale once a day for adults.



100 ml

## OMEGA 3 DHA-EPA SYRUP

### **Full Support To Physical & Mental Development**

It is specially suggested since it assists mental development, eye development and protection of heart vessel health of children, Omega-3 is a natural food supplement. For easy consumption it is supplied with orange concentrate which is widely preferred. Besides, it assists healthy development of children with its L-Arginine, C, A, B6, B1, D, E vitamin and selenium mineral content.

**Suggested Usage:** 1-2 scales once a day.



100 ml

## MULTAMIN MULTIVITAMIN SYRUP

### ***Vitamin & Mineral Support To Your Health***

Vitamins and minerals are the compounds necessary to get from outside since they are not generated in body and essential to continue our lively activities in a healthy way. It supports to meet the daily vitamin and mineral needs of children and adults.

**Suggested Usage:** 1 scale (5 ml) twice a day for adults.



100 ml

## LIQUID PROPOLIS EXTRACT

### ***Natural Protection For Your Health***

Propolis is a sticky, organic bee product which worker bees collect from tree buds and sap flows, biochemically modified by using enzymes. Bees use propolis to sterilize the larva burrows mixing it with beewax in their hives. Because of its antibacterial, antifungal and antiviral effects it may show an anti-inflammatory effect for throat infections and oral ulcers.

It is supported with clinic studies that being a natural antibiotic, propolis have positive effects on protecting from diseases and enhancing immune system in regular use especially during the mid-seasons.

**Suggested Usage:** It is advisable to take 8 drops by 3 times daily for children 4-8 ages, 12 drops by 3 times daily for children 8-12 ages, 16 drops by 3 times daily for children over 12 years

**Warning:** It is not recommended for those who are sensitive to bee products.



50 ml

## PROCBA SYRUP

### **Natural Protection For All Seasons**

It is produced with a special formula including mainly echinacea which helps to enhance immune system, antimicrobial effective propolis, expectorant molasses, cough-cutting helper honey, royal jelly and many natural products exist all together. It may be used as a supplement for preventing common cold, gripe and influenza. In general manner, it is supportive for enhancing immune system and protecting general health.

**Suggested Usage:** 1 scale 3 times a day before the meals. (Before using, shake the bottle well)



100 ml

## GZG MIXED OIL

### **Do Not Trouble With Your Baby's Gas Problem**

While the gas complaint in babies physically disturbs the baby, physiologically disturbs the mother. It helps removing the stomach and intestine gases and to breathe a sigh of relief of the baby with the contribution of its sunflower, sweet almond, aniseed, fennel, sesame, cumin and dill oil contents.

**Suggested Usage:** 4 drops each time by three times in a day.



20 ml

AKSUVİTAL<sup>®</sup>  
**Shiffa Nöme**

*Your Health Matters.*



- ✓ TRACEABILITY
- ✓ QUALITY
- ✓ RELIABILITY



**AKSUVİTAL DOĞAL ÜRÜNLER GIDA SAN. VE TİC. A.Ş.**  
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